

BUILD YOUR SANDWICH



BREAD = HAPPY



AVOCADO = FRUSTRATED



HAM = SAD



TUNA = ANXIOUS



CHEESE = EXCITED



BACON = ANGRY



LETTUCE = TIRED



EGGS = EMBARRASSED



BUTTER = STRESSED



KETCHUP = FEARFUL



MAYO = SHY



BEEF = CONFUSED



CHICKEN = SILLY



TOMATO = POWERFUL



CUCUMBER = BORED



BROCCOLI = ANNOYED

EXAMPLE SANDWICH:

I FEEL... TIRED + EMBARRASSED + SHY + FEARFUL



LETTUCE



EGGS



MAYO



KETCHUP

WHAT DOES YOUR SANDWICH LOOK LIKE? BUILD IT!